
Social Security Claiming Under Uncertainty:

Moving Beyond One-Size-Fits-All Guidance

Financial Experts Network Webinar Presentation

April 23, 2026

Kurt Czarnowski

Czarnowski Consulting: Expert Answers to Your Social Security Questions

www.CzarnowskiConsulting.com

The Social Security Statement

Protect identity first—protect your Social Security number
Your Social Security Statement www.socialsecurity.gov
Prepared especially for Wanda Worker

January 6, 2010
This issue for your personal information →

WANDA WORKER
456 ANYWHERE AVENUE
MANTONIA, USA 11111-1111

What's Inside...
Your Estimated Benefit 2
Your Earnings Record 3
Some Facts About Social Security 4
If You Need More Information 4
To Request This Statement In Spanish
(Para Solicitar Una Declaración en Español) 4

What Social Security Means To You

This Social Security Statement can help you plan for your financial future. It provides estimates of your Social Security benefits under current law and updates your latest reported earnings. Please read this Statement carefully. If you see a mistake, please let us know. That's important because your benefits will be based on our record of your lifetime earnings. We encourage you to keep a copy of your Statement with your financial records.

Social Security is for people of all ages...
We've made that a cornerstone program. Social Security also can provide benefits if you become disabled and help support your family after you die.

Work to build a secure future...
Social Security is the largest source of income for most elderly Americans today, but Social Security was never intended to be your only source of income when you retire. You also will need other savings, investments, pensions or retirement accounts to make sure you have enough money to live comfortably when you retire.

Saving and investing wisely are important not only for you and your family, but for the entire country. If you want to learn more about how and why to save, you should visit www.irs.gov, a federal government website dedicated to teaching all Americans the basics of financial management.

About Social Security's future...
Social Security is a compact between generations. Since 1910, America has kept the promise of security for its workers and their families. Now,

however, the Social Security system is facing serious financial problems, and action is needed soon to make sure the system will be sound when today's younger workers are ready for retirement. In 2010 we will begin paying more in benefits than we collect in taxes. Without changes, by 2037 the Social Security Trust Fund will be exhausted* and there will be enough money to pay only about 70 cents for each dollar of scheduled benefits. We need to resolve these issues soon to make sure Social Security continues to provide a foundation of protection for future generations.

Social Security on the Net...
Visit www.socialsecurity.gov on the Internet to learn more about Social Security. You can read publications, including *How To Your Retirement*, *Retirement Benefits*, and our *Retirement Estimator* to obtain immediate and personalized estimates of future benefits and when you're ready to apply for benefits, use our improved online application—it's so easy!

Michael J. Astruc
Chief Counsel

* These estimates are based on the actuarial assumptions from the Social Security Trustees' Annual Report to the Congress.

- **The *Statement* provides you with benefit estimates and allows you to check your earnings history for accuracy.**
- **While mailings have resumed on a limited basis, you can also request a Statement anytime at: www.SocialSecurity.gov/myaccount/**

How Do You Qualify for Retirement Benefits?

- You need to work to earn Social Security “credits”
- In 2026, you get one credit for each \$1,890 in earnings
- You can earn a maximum of 4 credits per year



Example: To earn 4 credits in 2026, you must earn at least \$7,560. Earning 40 credits (10 years of work) throughout your working life will qualify you for a retirement benefit.

Full Retirement Age

Year of Birth	Full Retirement Age
1943 – 1954	66
1955	66 & 2 months
1956	66 & 4 months
1957	66 & 6 months
1958	66 & 8 months
1959	66 & 10 months
1960 on	67

Your Age At The Time You Start Retirement Benefits Affects the Amount

- **At your Full Retirement Age (FRA,) you get your full benefit amount.**
- **Before FRA, you get a reduced monthly payment. 62 is the earliest age you can start.**
- **Past your FRA, you get an even higher monthly payment. However, Delayed Retirement Credits (DRCs) only accrue until age 70.**

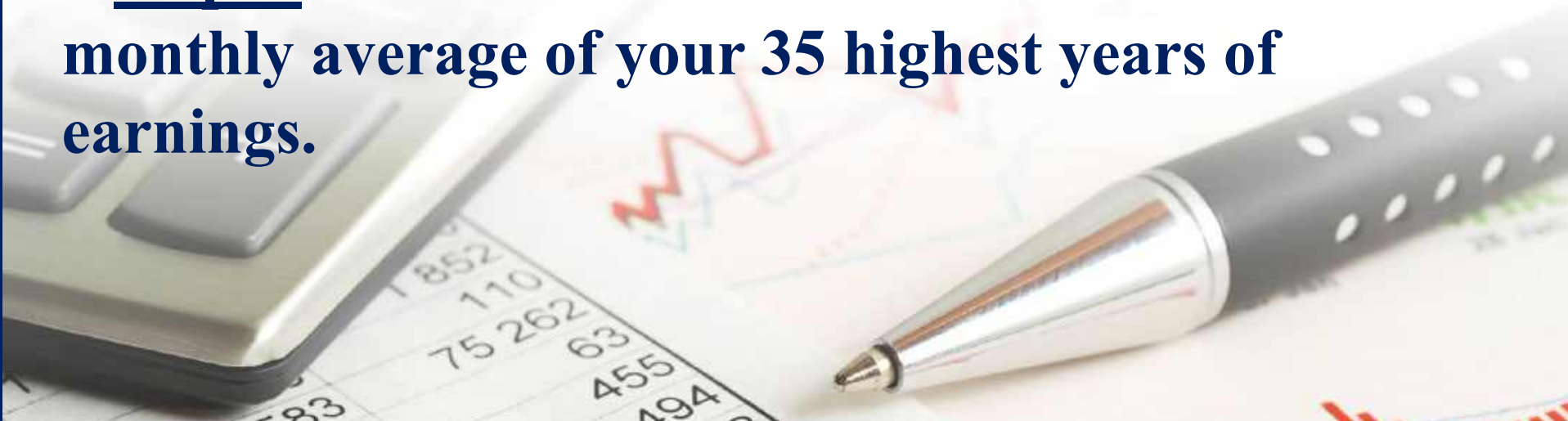
What If I Change My Mind?

- **Can still withdraw your application, repay any benefits received, and then reapply at a later date.**
- **However, must be done within 12 months of the first month of entitlement and limited to only one withdrawal in a lifetime.**
- **At or after FRA, can still ask to have benefits suspended in order to earn Delayed Retirement Credits (DRCs).**

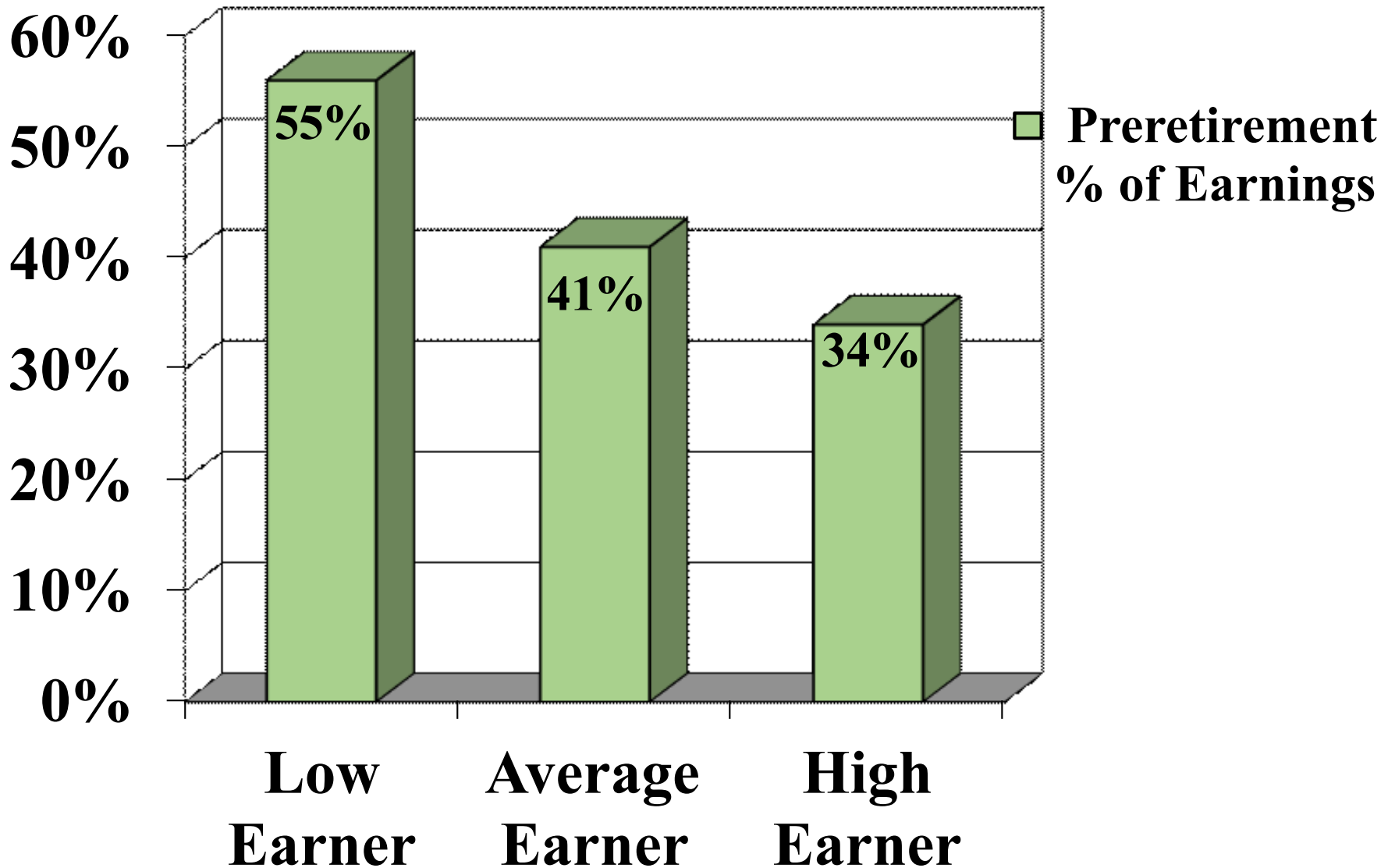
How Social Security Determines Your Benefit

Social Security benefits are based on earnings

- **Step 1** -Your prior wages are adjusted for inflation
- **Step 2** –Your benefit amount is then based on the monthly average of your 35 highest years of earnings.



What You Can Expect at Full Retirement Age



You Can Work & Still Receive Benefits

<u>If You Are</u>	<u>In 2026 You Can Make Up To</u>	<u>If You Make More, Some Benefits Will Be Withheld</u>
Under FRA	\$24,480/yr. (\$2,040/mo.)	\$1 for every \$2
Year of FRA	\$65,160/yr. (\$5,430/mo.)	\$1 for every \$3
Month of FRA on	No Limit	No Limit



Note: If some of your retirement benefits are withheld because of your earnings, your benefits will be increased starting at your full retirement age to take into account those months in which benefits were withheld.

Spouse's Benefit Computation

- **Must take own retirement benefit first.**
- **Worker must be receiving his/her own benefit in order for spouse to collect.**
- **Benefit is based on 50% of worker's FRA amount.**
- **Benefit amount is reduced if spouse is under FRA.**

Divorced Spousal Benefits

- **Marriage must have lasted at least 10 years**
- **Must be 62 or older and unmarried**
- **If both at least age 62, and divorce was finalized at least two years ago, benefits can be paid even if worker is not yet collecting**
- **Ex-spouse's benefit has no impact on the amount anyone else can collect**

Widow or Widower Benefit Computation

- **At full retirement age, 100% of deceased worker's benefit amount**
- **At age 60, 71.5% of deceased worker's benefit**
- **Can collect benefits on one account and then switch to benefits on the other record at a later date**

Your Benefits Can Be Taxable

- **Applies to those with a Modified Adjusted Gross Income (MAGI) above \$25,000 (individual) or \$32,000 (couple filing jointly).**
- **Up to 85% of benefits received could be treated as ordinary income for federal tax purposes.**
- **At the end of each year, people receive a *Social Security Benefit Statement* (Form SSA-1099).**

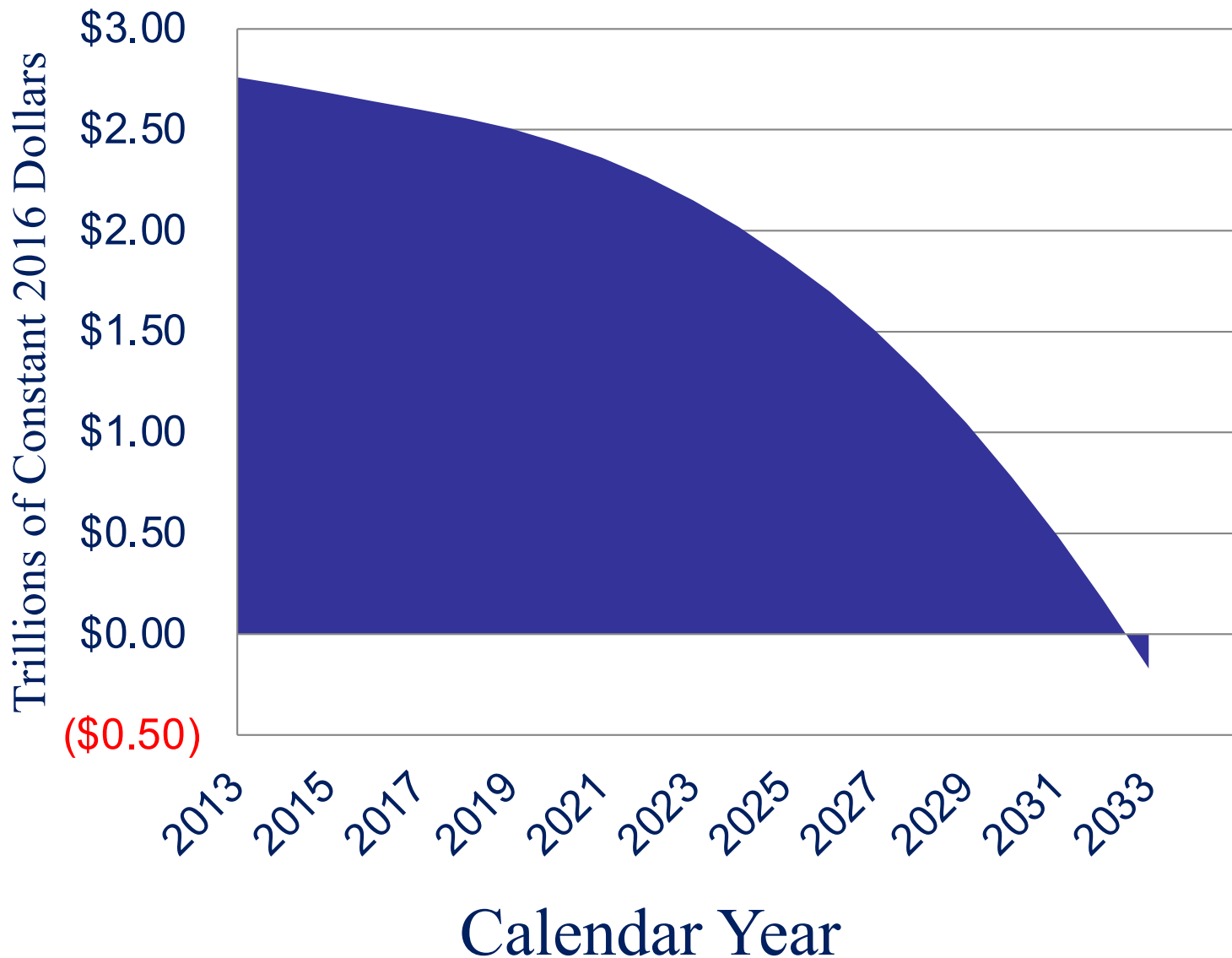
2026 Cost of Living Adjustment

- **Based on the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W).**
- **SSA compared the CPI-W in the 3rd quarter of 2024 to the CPI-W in the 3rd quarter of 2025.**
- **The resulting 2.8% increase was reflected in benefit payments received this January.**

The Social Security Fairness Act of 2023

- **Signed into law January 5, 2025.**
- **Repealed both the Windfall Elimination Provision (WEP) and Government Pension Offset (GPO).**
- **Effective for benefit payments made after December, 2023.**

Social Security Trust Funds Will Be Able to Pay Only About 81 Cents for Each Dollar of Scheduled Benefits after 2033



Proposals to Fix SS



current proposals to fix social security

The screenshot shows the top navigation bar of the Social Security website with links for Benefits, Medicare, and Card & record, along with a search bar, a Spanish language option, and a Sign in button. The main heading is "Actuarial Services' Estimations of Proposals to Change the Social Security Program or the SSI Program". On the left, there is a sidebar with links for "Actuarial Services", "Frequently Asked Questions about Trust Funds", and "Individual Provisions", and a search box for letters or memoranda. The main content area contains a paragraph about Trustees Reports since 2012, a "Click to subscribe" link, and a paragraph about Actuarial Services' work on the Supplemental Security Income (SSI) program. At the bottom of the main content area, it says "We have prepared letters or memoranda for many of these proposals and options. Each".

Social Security

Benefits ▾ Medicare ▾ Card & record ▾

ES Español Sign in

Actuarial Services' Estimations of Proposals to Change the Social Security Program or the SSI Program

[Actuarial Services](#)

[Frequently Asked Questions about Trust Funds](#)

[Individual Provisions](#)

Search for letters or memoranda by

key word(s):

[Go](#) [Reset](#)

[Click to subscribe](#)

Trustees Reports since 2012 have indicated that Social Security's **Old-Age, Survivors, and Disability Insurance** (OASDI) Trust Fund reserves would become depleted between 2033 and 2035 under the intermediate set of assumptions provided in each report. If no legislative change is enacted, scheduled tax revenues will be sufficient to pay only about three-fourths of the scheduled benefits after trust fund reserve depletion. Policymakers have developed proposals and options that have financial effects on the OASDI Trust Funds. Many of these proposals and options have the intent of addressing the long-range solvency problem.

Actuarial Services also develops estimates of proposals to change the Supplemental Security Income (SSI) program.

We have prepared letters or memoranda for many of these proposals and options. Each



The Reformer *An Interactive Tool to Fix Social Security*

<https://www.crfb.org/socialsecurityreformer/>

Social Security remains insolvent. The trust funds will run out in 2034 at which point all beneficiaries will face a sudden 20% benefit cut.

0%

Percent of 75-year shortfall closed (30% of shortfall closed in 75th year)

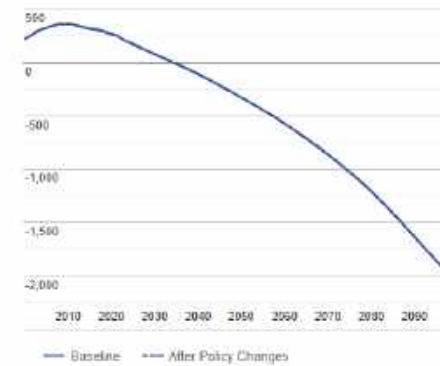
CLEAR SELECTIONS

Benefit Formula | Revenues | Other Benefits | Summary

	% OF GAP CLOSED	INFO
Increase (+) / Reduce (-) Initial Benefits by:	0%	i
<input type="text" value="0.0"/> %		
■ Slow Initial Benefit Growth		
● Transition to a Flat Benefit	52%	i
● Slow Benefit Growth for Top Half of Earners	41%	i
● Slow Benefit Growth for Top 20% Of Earners	9%	i
■ Increase Retirement Age		
● Raise Age from 67 to 68	12%	i
● Index Age to Life Expectancy	18%	i
● Raise Age to 69 and then index to Life Expectancy	36%	i
■ Modify Cost of Living Adjustments (COLAs)		
● Index COLAs to "Chained CPI"	17%	i
● Cap COLAs for Top Half of Beneficiaries	25%	i
● Index COLAs to "CPI-E"	-12%	i

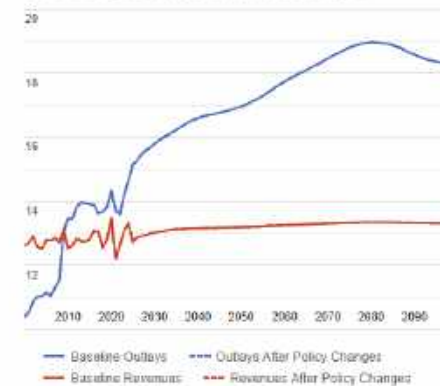
Trust Fund Projections

Percent of Annual Benefits



Social Security Spending & Revenue

Percent of Payroll (based on scheduled benefits)



How Do I Apply for Retirement Benefits?

- **Apply online at www.socialsecurity.gov**
It is the most convenient way to apply;
- **Call Social Security: 1-800-772-1213 (TTY 1-800-325-0778) to schedule a telephone or an in-person appointment.**

SSA.Gov Setup



Create 'my Social Security' account at SSA.gov



Verify identity via Login.gov or ID.me



Enable two-factor authentication



Secure account to prevent fraud

SSA.Gov



Social Security

Sign In or Create an Account

By signing in or creating an account, you agree to the [Privacy Act Statement and Terms of Service](#).

If you already have a Login.gov or ID.me account, do not create a new one. You can use your existing account to access Social Security services.

Sign in with  LOGIN.GOV

Sign in with **ID.me**

[Create an account with Login.gov](#)

[Create an account with ID.me](#)

Monitoring Earnings Record

- Benefits based on top 35 years of earnings
- Errors can reduce lifetime benefits
- Review annually—especially business owners
- Correct errors early to avoid permanent loss

Sample Earnings Record

Work Year	Taxed Social Security Earnings	Taxed Medicare Earnings
2025	Not Yet Recorded	Not Yet Recorded
2024	Not Yet Recorded	Not Yet Recorded
2023	\$0	\$0
2022	\$0	\$0
2021	\$0	\$0
2020	\$0	\$0
2019	\$89,592	\$89,592
2018	\$128,400	\$372,515
2017	\$127,200	\$317,323
2016	\$118,500	\$122,958
2015	\$0	\$0
2014	\$0	\$0
2013	\$9,235	\$9,235
2012	\$110,100	\$254,949
2011	\$106,800	\$248,160
2010	\$41,432	\$41,432

A Foundation for Planning Your Future



THE UNDER-APPRECIATED RISKS OF

Delaying Social Security

Why claiming late isn't always safer.

Derek Tharp, PhD, CFP®, CLU®, RICP®

FINANCIAL EXPERTS NETWORK · WEBINAR · APRIL 23,
2026

Associate Professor of Finance, University of Southern Maine

Owner, Conscious Capital, LLC

Head of Innovation, Income Lab

Lead Researcher, Kitces.com

A QUESTION FOR THE ROOM

What would people regret more?

A terminal diagnosis at 69 *while delaying* Social Security?

Or living to 95 *after claiming* at 62?

*“With a 4% real return, a person has to live to
89 just to break even on delaying from 67 to 70.”*

THE CONVENTIONAL WISDOM

Delay (almost) always wins.

- A large segment of practitioners and researchers argue that **waiting is (almost) always best.**
- **Prominent researchers have generally argued for this approach** — *Finke, Blanchett, Reichenstein, Kotlikoff, Pfau.*
- Common caveats: terminal illness, certain spousal-benefit situations.

WHERE EXPERTS DISAGREE

SMALLER DISAGREEMENTS

MICHAEL FINKE

"Using a discount rate that incorporates risk premium is not appropriate for guaranteed future Social Security cash flows."

WADE PFAU

Has acknowledged discount rates *ought to vary between people.*

LARGER DISAGREEMENT (PARAPHRASING)

BILL MEYER

SS behaves like **TIPS** (Treasury Inflation-Protected Securities), so an 8% discount rate is too high.

MICHAEL KITCES

If a portfolio earning 8% is being spent *instead* of SS, then 8% is the right discount rate.

Two camps on the same asset.

RISK-BASED VIEW

Meyer · Finke

Social Security **behaves like TIPS** – discount it at TIPS-like rates.

OPPORTUNITY COST VIEW

Kitces

SS should be discounted based on **actual real-world opportunity costs**.

PIVOT

Are we asking the
right questions?

THE THREE SHARED ASSUMPTIONS OF DELAY-TO-70 RESEARCH

The pro-delay literature rests on three methodological choices.

- 01 An **expected-value** framework
- 02 A **0% (or very low) discount rate**
- 03 Mortality risk addressed via **mortality-adjusted benefits**

I'm going to attack all three.

CHOOSE BETWEEN

OPTION A

Guaranteed \$20

OPTION B

25% chance to win \$100

Under **Expected Value Theory (EVT)**, choosing A is *irrational* — B has higher expected value of \$25.

Under **Expected Utility Theory (EUT)**, either A or B may be rational depending on the person.

EVT dominates most well-known SS claiming research.

When expected-value thinking fails.

EUT better captures real-world behavior because of **diminishing marginal utility** — each additional dollar matters less.

NASSIM TALEB · ON PATH DEPENDENCE

“Never cross a river that is, on average, four feet deep.”

When outcomes involve **ruin**, expected value is the wrong frame — what matters is *every possible path*, not the average.

SO WHY DON'T WE JUST USE EVT?

Utility is hard to measure.

- Utility is **subjective** and heterogeneous across people.
- No single "true" utility curve exists.
- Eliciting individual utility reliably is hard.
- EVT treats a dollar as a dollar — no need to untangle what money means to people.

Convenient for the researcher. Not necessarily right for the client.

THE STREETLIGHT FALLACY

The tendency to look for answers where they're easiest to find – rather than where the truth is most likely to be.

In SS claiming research: optimizing **mortality-adjusted expected present value** because it's *tractable*, not because it captures what clients actually care about.



ILLUSTRATION · THE STREETLIGHT EFFECT

CHAPTER III

The eight often-ignored risks of delay.

01 Mortality

02 Sequence of returns

03 Policy

04 Opportunity cost

05 Regret

06 Health span

07 Spending
optionality

08 Underspending

MORTALITY

SEQUENCE OF RETURNS

POLICY

OPPORTUNITY COST

REGRET

HEALTH SPAN

OPTIONALITY

UNDERSPENDING

MORTALITY RISK

Meet James.

James is 61 and single. His pension fully covers his living expenses.

He claims his **\$2,710/month** SS benefit at 62 and invests every check in a taxable brokerage account.

ASSUMPTIONS

Inflation	3.0%
Nominal return on brokerage	8.0%
Real return	4.85%

IF JAMES DIES AT 70

His invested SS checks are worth

\$398,310

This is money he *could not have left behind* had he delayed.

Remember the question we opened with? Just like we don't ignore longevity risk – we shouldn't ignore mortality risk.

OBJECTION

"But doesn't existing research account for this?"

Future benefits in delay-to-70 research are commonly **mortality-adjusted** — averaged across people who live and die.

This works for **population-level pricing**. It does not address **individual regret or bequest preferences**.

A terminally ill 72-year-old takes no comfort in knowing that delaying increased their mortality-adjusted benefits.



"The good news is that on a mortality-adjusted basis, you're doing great"

MORTALITY

SEQUENCE OF RETURNS

POLICY

OPPORTUNITY COST

REGRET

HEALTH SPAN

OPTIONALITY

UNDERSPENDING

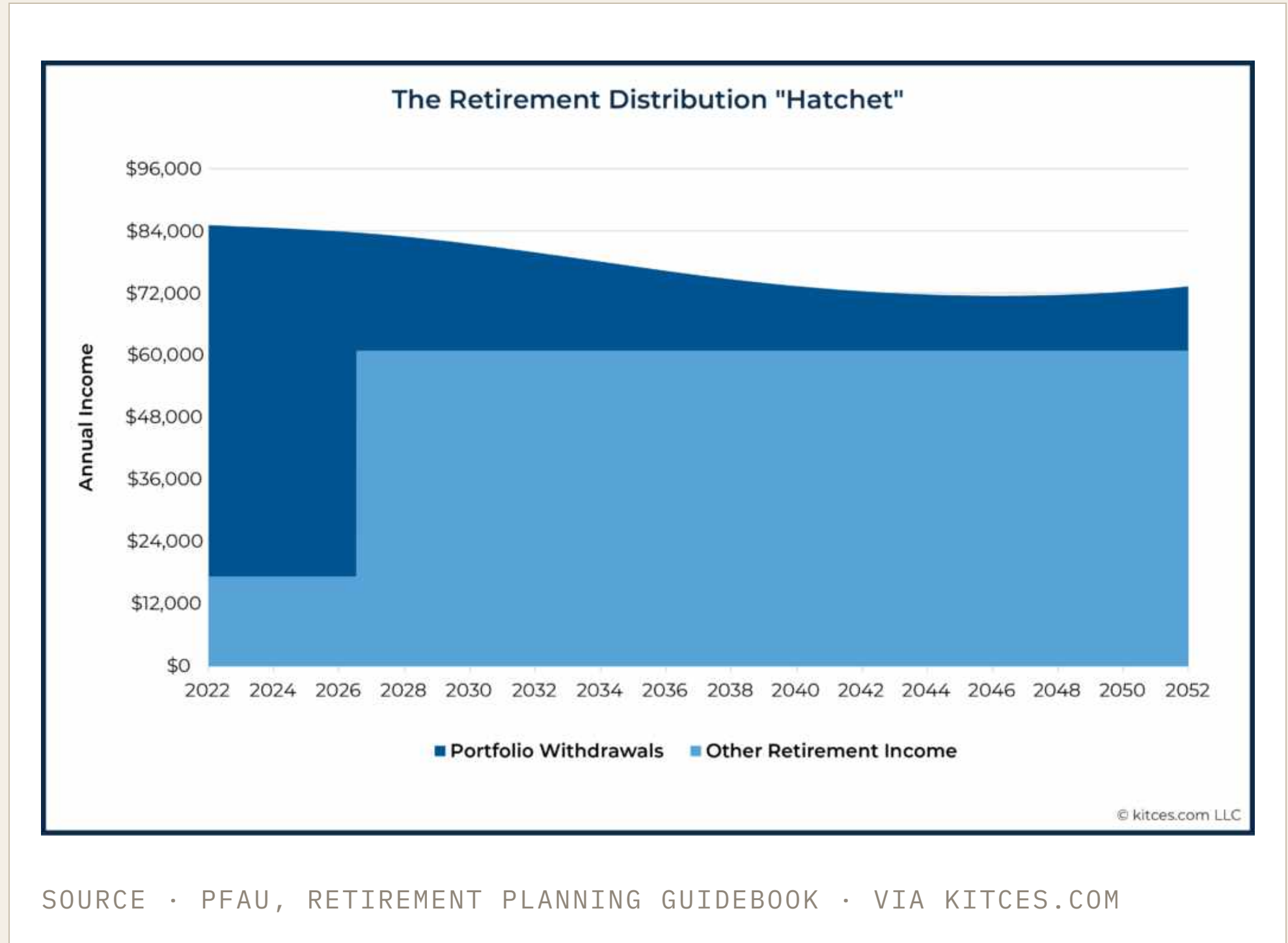
SEQUENCE OF RETURNS

The spending hatchet.

The early years of retirement are the **highest-risk window** for portfolio damage.

Delaying SS while spending from a portfolio amplifies the hatchet — withdrawal rates can spike to **4x, 5x**, or higher than later in retirement.

In the extreme, someone spends **100%** of their portfolio before claiming.



SOURCE · PFAU, RETIREMENT PLANNING GUIDEBOOK · VIA KITCES.COM

SOR STRESS TEST

Meet Mike.

Mike is 62, single, with a **\$500k IRA** allocated **60/40**.

Eligible for **\$2,200/month** at 62.

Spending strategy: **risk-based guardrails** to keep distributions on track.

THE STRESS TEST

What if Mike retired in **November 2007** — right before the Global Financial Crisis?

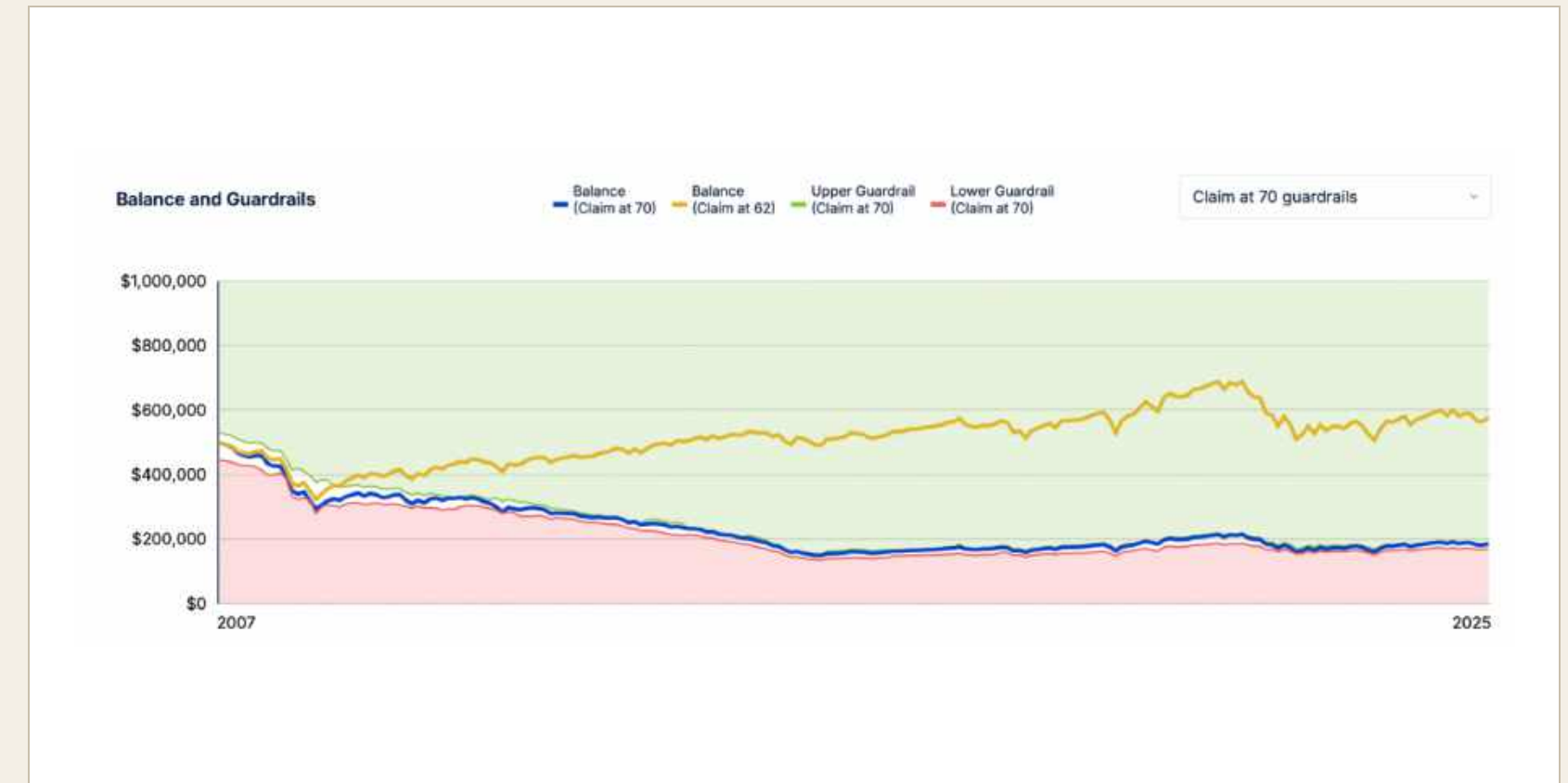
SPENDING HELD. PORTFOLIO DID NOT.

SPENDING POTENTIAL



Minimal difference between claiming at 62 and at 70.

PORTFOLIO BALANCE



CLAIM AT 62

\$578,000

CLAIM AT 70

\$171,000

Same spending. Vastly different cushion.

MITIGATING SOR WHILE DELAYING

We do have tools to manage this risk.

- The **option to claim** is preserved — retirees can turn benefits on if markets decline.
- **Retroactive 6-month claiming** opens the door to "reversible" delays.

MORTALITY

SEQUENCE OF RETURNS

POLICY

OPPORTUNITY COST

REGRET

HEALTH SPAN

OPTIONALITY

UNDERSPENDING

36%

of Americans are confident in
Social Security's future — AARP,
2025

Most worry about trust-fund depletion — and most don't fully understand what depletion would *actually* mean.

LESS OBVIOUS POLICY RISKS

- Tax changes that reduce *net* benefits even if gross benefits hold.
- Proposals such as moving to **chained CPI**.

Advisors are generally less worried about policy risk than clients are. Real risks exist on both sides.

MORTALITY

SEQUENCE OF RETURNS

POLICY

OPPORTUNITY COST

REGRET

HEALTH SPAN

OPTIONALITY

UNDERSPENDING

OPPORTUNITY COST — THE DEBATE, REVISITED

RISK-BASED VIEW

Meyer · Finke

SS behaves like TIPS — discount at TIPS-like rates.

OPPORTUNITY COST VIEW

Kitces

Discount based on the real-world opportunity cost of the asset actually being spent.

MY TAKE

Start with the asset actually being displaced.

- Use the **asset actually being displaced** as the starting baseline.
- For a 60/40 portfolio, 2025 CFA Institute data shows real returns of **~4.89%** (1901–2022).
- Few retirees actually fund SS delay from bonds/TIPS alone.
- For many retirees with a 60/40 portfolio, fully funding delay from bonds alone is *impossible*.

*Opportunity cost is the **starting point**, not the only consideration — other risks adjust this rate up or down.*

MORTALITY

SEQUENCE OF RETURNS

POLICY

OPPORTUNITY COST

REGRET

HEALTH SPAN

OPTIONALITY

UNDERSPENDING

PETER SANDMAN · RISK-COMMUNICATION FRAMEWORK

$$\text{Risk} = \text{Hazard} + \text{Outrage}$$

HAZARD

The **objective, quantifiable** danger.

e.g. SS benefits could be cut by 21%.

OUTRAGE

The **psychological factors** that make a risk feel unbearable.

e.g. "I paid in all these years and got nothing."

*Two mathematically equivalent losses can feel very different. Formalized as **Regret Theory** (Bell 1982; Loomes & Sugden 1982).*

WHICH SPARKS MORE OUTRAGE?

^A Delaying claiming and getting a **terminal diagnosis at 69** — "paid in all these years and got nothing in return."

^B Claiming at 62 and **living until 95**.

Remember the question we opened with? If we care about psychological wellbeing, we shouldn't ignore regret risk — even if we think it is "irrational."

MORTALITY

SEQUENCE OF RETURNS

POLICY

OPPORTUNITY COST

REGRET

HEALTH SPAN

OPTIONALITY

UNDERSPENDING

HEALTH SPAN

A dollar at 62 is worth more than a dollar at 95.

In *Die With Zero*, Bill Perkins defines **health span** as the years we're physically and mentally capable of fully enjoying life's experiences.

A 0% discount rate assumes an extra \$10k at 62 has the same value as an extra \$10k at 95. It doesn't.

People at 62 can do more with the money — and the lifetime "**memory dividend**" from those experiences is greater.

ACADEMIC ANCHOR

Loewenstein (1987)

Anticipation utility — the value of looking forward to an experience.

MORTALITY

SEQUENCE OF RETURNS

POLICY

OPPORTUNITY COST

REGRET

HEALTH SPAN

OPTIONALITY

UNDERSPENDING

SPENDING OPTIONALITY

The flexibility to say *yes*.

Real options in life = the flexibility to act when opportunities arise (if, when, and how someone chooses).

Preserving portfolio value preserves the ability to say *yes* to once-in-a-lifetime moments — Social Security won't advance five months of benefits to take your daughter to see her favorite musician in Paris.

Extreme case: *A client depleting a portfolio at \$40k/year to bridge to a \$40k/year benefit. Once depleted, optionality is gone.*

Wealth matters too: decamillionaires should maintain flexibility regardless of when they claim.



ILLUSTRATION · THE ONCE-IN-A-LIFETIME MOMENT

MORTALITY

SEQUENCE OF RETURNS

POLICY

OPPORTUNITY COST

REGRET

HEALTH SPAN

OPTIONALITY

UNDERSPENDING

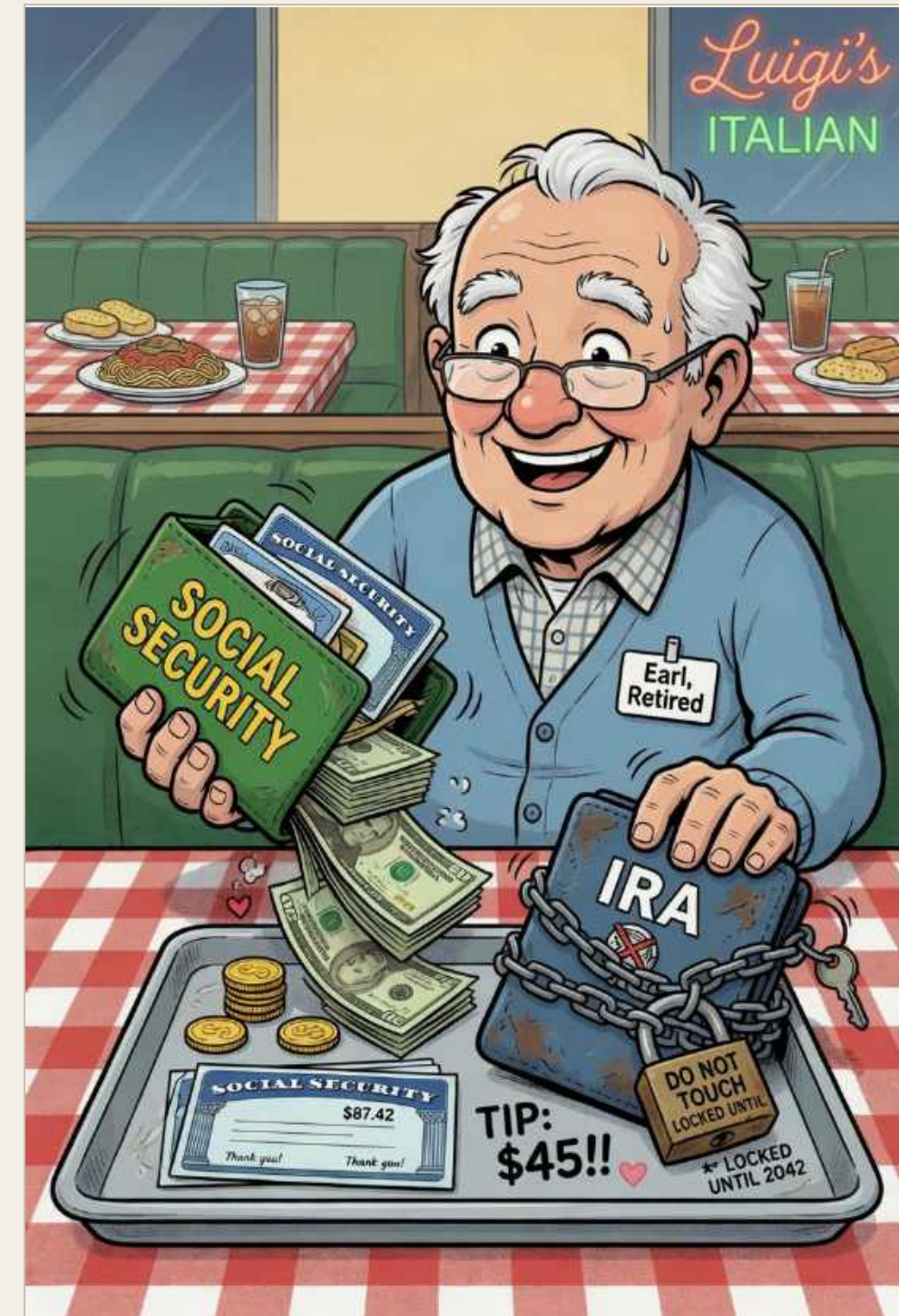
UNDERSPENDING RISK

Same dollars. Different feelings.

SS is among the **easiest** retirement income to spend; portfolio distributions are much harder. Same dollars, different psychological weight — Thaler's **mental accounting**.

Blanchett & Finke (2024, 2025): retirees spend significantly more from guaranteed income wealth than investment wealth.

Claiming earlier can give clients confidence to retire earlier — and spend more.



PIVOT

Okay — how do we bring
this all together?

THE FRAMEWORK

$$\text{Discount Rate} = \text{Opportunity Cost} \\ \text{Baseline} \pm \Sigma (\text{Risk Adjustments})$$

COMPONENT	EXAMPLES
Baseline	TIPS yields · 60/40 historical · displaced-asset return
Adjustments (+/-)	Mortality · SoR · Policy · Regret · Health Span · Optionality · Underspending

- Baseline: anywhere from negative (TIPS curves with negative real yields) to substantially positive (stock-heavy portfolio displaced).
- Adjustments add or subtract based on how each risk applies to *the specific client*.

CASE STUDY № 01

John & Sarah

- Both **60**, eager to retire; stressed about retiring without claiming SS.
- Fear future benefit cuts of **10%+**.
- Both worried about dying early (parents all died before 80).
- Want to preserve portfolio flexibility for travel and gifts to children over the next 10 years.
- Portfolio allocated **60/40**.
- Combined SS benefit at 62: **\$5k/month**.
- Spending goal: **\$6k/month** (\$72k/year).

JOHN & SARAH · INITIAL OBSERVATIONS

- Annual target income: **\$72k** · bond allocation: only **\$200k**.
- Fully funding SS delay from bonds alone is **not feasible**.
- Heavy portfolio distribution: **12% initial withdrawal rate** without SS.
- They'll have to pull from a 60/40 portfolio they keep balanced.

*Reasonable baseline discount rate: **4.0%** – conservative version of 60/40 historical real return.*

JOHN & SARAH · RISK-BY-RISK ADJUSTMENTS

RISK	ADJUSTMENT	REASON
Baseline opportunity cost	+4.0%	Conservative 60/40 historical real return.
Mortality risk	+2.0%	Family history of early death.
Sequence of returns	+2.0%	12% initial WR amplifies the hatchet.
Regret risk	+0.5%	Strong preference for flexibility; fear of policy cuts.
Health span	+0.5%	Want to travel and gift in their 60s.
Spending optionality	+0.5%	Portfolio flexibility matters to them.
Underspending	+0.5%	Savers likely to restrict without SS income.
Longevity risk	-1.0%	Partial offset from longevity protection of delay.
Policy risk	—	<i>Handled separately · overlaid on next slide.</i>
Total client-specific discount rate	8.5%	

JOHN & SARAH · FINAL DISCOUNT RATE

Total client-specific discount rate

8.5%

Overlay a **10% benefit cut** → effective rate higher still.

Implication: Claiming **earlier than software defaults** is consistent with their preferences & circumstances.

INCOME LAB · CLAIMING HEATMAP



Optimal: both claim at **62** · \$543k lifetime benefit



CASE STUDY № 02

Spock & T'Lara

Both 60. Want to retire as soon as possible. **Indifferent to the source of retirement income.**

SPOCK

*"To suggest that a dollar from Social Security holds greater utility than a dollar from a brokerage account is **illogical** – unless, of course, the dollar has undergone a metaphysical transformation."*

SPOCK & T'LARA · CONTINUED

Willing to make adjustments as needed. Unwilling to let emotion, regret, or policy speculation influence their choices.

SPOCK · ON BAD LUCK

"The odds of failure were 0.4%. Probability does not prevent outcomes – it merely predicts them. Regret would be an inefficient use of processing power."

Diligent savers · portfolio of **\$10M**

Plan to spend **\$10k/mo**

FUNDING THE DELAY

A TIPS ladder within their bond allocation.

- If they defer SS, they'll set up a **TIPS ladder** within their bond allocation to fund the delay.
- Both have **longevity concerns**.
- Combined SS benefit at 62: **\$5k/month**.

*Spock's father, **Sarek**, lived to **202** – but Spock is comfortable planning to 100.*

SPOCK & T'LARA · INITIAL OBSERVATIONS

- Annual target income: **\$120k** · bond allocation: **\$4M**.
- Fully funding SS delay from bonds alone is **feasible**.
- Light portfolio distribution: **1.2% initial withdrawal rate** without SS.
- Limited sequence-of-returns exposure.

*Reasonable baseline discount rate: **0.0%** – TIPS yields.*

SPOCK & T'LARA · RISK-BY-RISK ADJUSTMENTS

RISK	ADJUSTMENT	REASON
Baseline opportunity cost	0.0%	Funding delay from a TIPS ladder.
Mortality risk	+0.5%	Always present; small for Spock & T'Lara.
Sequence of returns	0.0%	TIPS-funded delay immunizes them from SoR.
Regret risk	0.0%	Indifferent to emotional considerations.
Health span	0.0%	Income source does not influence their behavior.
Spending optionality	0.0%	\$10M portfolio renders optionality untouched.
Underspending	0.0%	No psychological friction with portfolio spending.
Longevity risk	-4.0%	Sarek lived to 202; longevity dominates.
Policy risk	—	<i>Not factored in per their stated views.</i>
Total client-specific discount rate	-3.5%	

SPOCK & T'LARA · FINAL DISCOUNT RATE

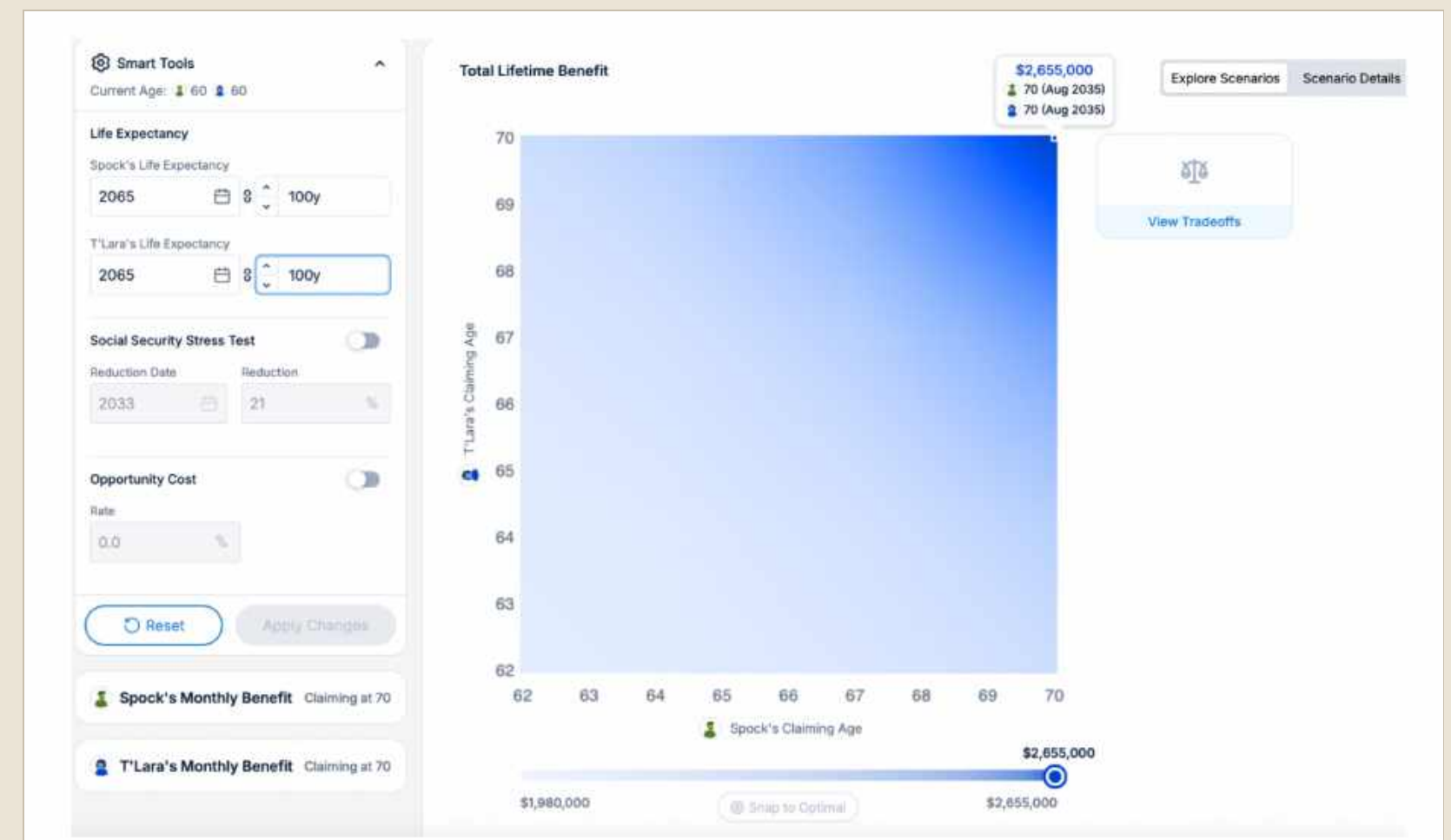
Total client-specific discount rate

–3.5%

For Spock & T'Lara, delaying until 70 is optimal.

The same framework that recommended *early* claiming for John & Sarah recommends *delay* for them.

INCOME LAB · CLAIMING HEATMAP



Optimal: both claim at **70** · \$2.66M lifetime benefit

"BUT WHAT ABOUT TAXES AND SURVIVOR BENEFITS?"

From my own structural modeling — *Tharp (2025), "Revisiting the Social Security Claiming Puzzle,"* working paper.

INITIAL WEALTH	BASELINE	SPOUSAL	SURVIVOR	TAX
\$0	62	62	62	62
\$200k	62	62	62	62
\$500k	62	62	62	62
\$800k	62	62	62	62
\$1M	65	65	65	63

Optimal Model 4 claiming ages under each robustness overlay.

Key finding: *Survivor and spousal benefits do not flip the conclusion the way intuition suggests. Differential taxation, if anything, reinforces earlier claiming.*

YOUR MONTE CARLO SOFTWARE ISN'T ASSUMING A 0% DISCOUNT RATE.

When your software compares **claim at 62** vs. **claim at 70**, it doesn't treat Social Security dollars as if they earn a 0% real return.

In a Monte Carlo framework, the counterfactual is a dollar invested in the portfolio. So Social Security cash flows are *effectively* discounted at the **portfolio's expected rate of return** — the baseline return assumption the software is already using.

(Before any stress testing.)

COMMON MISREADING VS. WHAT'S ACTUALLY HAPPENING

ASSUMED (INCORRECTLY)

"Software discounts SS at **0% real** — so delay *always* dominates for anyone in average health."

ACTUALLY

SS cash flows are implicitly discounted at the **portfolio's expected return** — the same rate the software uses for every other asset.

The interesting question isn't "what rate is the software using?" — it's *whether that rate is the right rate for this client.*

WHAT EUT-OPTIMAL CLAIMING LOOKS LIKE IF WE MAP IT BACK ONTO AN EVT DISCOUNT RATE.

Continuing the Tharp (2025) results from the previous slide — EUT already accounts for front-loading preferences, disutility of portfolio spending vs. SS spending, longevity risk, etc.

EUT-OPTIMAL CLAIMING AGE	IMPLIED REAL DISCOUNT RATE (UNDER EVT)
70	0.0% – 2.6%
69	2.6% – 3.5%
68	3.5% – 4.4%
62	≥ 4.4%

For households with **\$200k or less** in Models 1–3, and **\$800k or less** in Model 4, the EUT-optimal age is **62** — which translates to an implied EVT discount rate of **4.4% or higher**.

*The portfolio returns most advisors actually assume (4–7% real equities, 1–2% real bonds) are in – or above – the range where **early claiming is optimal**.*

There is no single "right" discount rate.

- The risks covered today aren't exhaustive — they illustrate factors *commonly overlooked*.
- The best we can do is subjectively estimate the impact of those risks — and use that discount rate appropriately.

The default **0% discount rate** systematically **over-recommends delay** for households with behaviorally realistic preferences.

*Delay still wins for some — but it should be a **finding**, not a default.*

*“Our calculations do not support the presumption that the vast majority of people who choose to start their Social Security retirement benefits before age 70 are making a mistake. With a 4 percent real return, a person has to live to **89** for it to be beneficial to delay the start of benefits from age 67 to 70.”*

THE TAKEAWAY

For many of your clients,
the right discount rate is
not 0%.

Questions?

Derek Tharp, PhD, CFP[®], CLU[®], RICP[®]

Associate Professor of Finance, University of Southern Maine

Owner, Conscious Capital, LLC

Head of Innovation, Income Lab

Lead Researcher, Kitces.com